



Team Name: Atlantic Canada Children's Effective Service Strategies in Mental Health
Project Title: Barriers and Facilitators in Child & Youth Mental Health in Atlantic Canada

Who and What

- ✓ Dr. Rick Audas (MUN), Dr. Kate Tilleczek (UPEI), Dr. Scott Ronis (UNB), Dr. Michael Zhang (SMU), Dr. Jacques Richard (U de M)
- ✓ 5 years of funding to study child and youth mental health in Atlantic Canada
- ✓ Focus on Anxiety, Depression, Autism Spectrum Disorder, Eating Disorders & Conduct Disorder and their impacts on lives and society
- ✓ Focus on most vulnerable children

Guiding Questions

- ✓ What health services are these patient populations currently accessing?
- ✓ What other services are they accessing (education, social work, justice, private sector providers)?
- ✓ What are the significant barriers/facilitators to accessing these services?
- ✓ What services are effective/ ineffective and why?
- ✓ Can the system be re-organized, integrated and resourced to improve outcomes?

How (Large Interdisciplinary Team)

- ✓ Health economics – large national and provincial data bases
- ✓ Patient Journeys and stories through the “system” (youth, parents, service providers)
- ✓ Modelling of care pathways, care treatment plans and resource allocations
- ✓ Policy and Practice engagement and uptake throughout
- ✓ Student training opportunities and Post-Doctoral Fellows

When & Where

- ✓ September 2013-December 2018
- ✓ Newfoundland, New Brunswick, Nova Scotia, PEI
- ✓ Advisory group members from across Atlantic Canada

